# DD2480: Software Engineering Fundamentals

Lecture 3 Part 2: Introduction to Essence

# Idea of deliberate practice

The 4 Different Kinds of Practice (from Anders Ericsson Peak 2016)

#### 1. Naive Practice

What most people do. You take up some new activity; practice it a little bit, maybe pet some lessons; and do the same things over and over until you reach a comfort zone. At that point you stop improving.

#### 2. Purposeful Practice

A concerted effort to improve some skill by:

- Having a well-defined specific goal
- Keeping the focus on that goal
- Using feedback to improve performance
- Frequently getting out of your comfort zone

#### 3. Proto-Deliberate Practice

Some domains lack the preexisting knowledge and objective measures of success required for true deliberate practice. Still, you can approximate the benefits of deliberate practice in these domains by doing 3 things:

- Find an expert (or experts) whose performance clearly outstrips that of others in that domain.
- Figure out what they do differently
- Try to develop training routines that allow you to follow their lead

In short, try to make up for the lack of informed knowledge that is needed for deliberate practice.

#### 4. Deliberate Practice

This is purposeful practice of an informed kind (i.e. in a domain with objective standards for success and well-known training techniques). It has 7 elements

- Developing skills that others have figured out, using practice regimens designed by coaches/teachers.
- Consistently moving outside your comfort zone
- Having well-defined specific goals
- Using full attention and conscious actions
- Using feedback and modification to reach your goals
- Developing effective mental representations
- Building upon your preexisting skillset

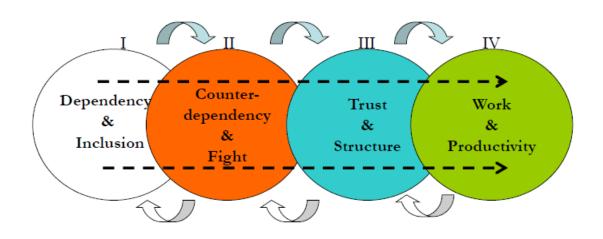
Weak

A Spectrum of Practice Possibilities

Strong

## Team work

#### Group development according to IMGD The Integrated Model of Group Development



Relations, feelings, the leader



Goals, work, tasks

# How to give feedback

#### Constructive feedback...

- 1. do not intend evaluate the results already achieved, but rather pointing out the forward direction
- 2. aims to reinforce a behavior or to change a behavior
- 3. does not objectify the person by focusing on personal attributes like traits, character, attitudes, values or intentions
- 4. always focus on specific behaviors or actions and their consequences the functional level
- 5. is facilitated by clear agreements on objectives, performance collaboration, norms and values
- 6. is based on benevolence, sincerity and a belief in change and development.

## **SEMAT**

SEMAT: Software Engineering Method and Theory SEMAT is the community working on Essence

Created in: 2009

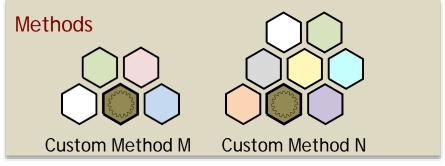
www.semat.org

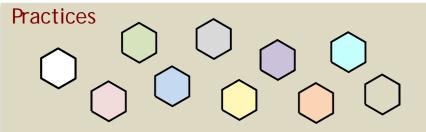
Founders: Ivar Jacobson, Bertrand Meyer, Richard Soley

Vision: Re-found software engineering as a rigorous discipline based on a general theory of software engineering and a unifying process framework

## Essence

Essence is the work of SEMAT and includes a Language and Kernel





Essence Language & Kernel became OMG beta standard in 2013

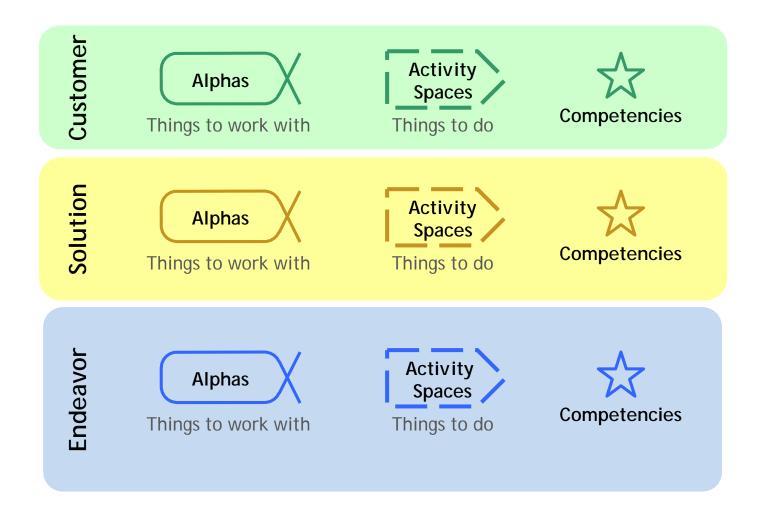


**Essence Language** 

State-based Progress Monitoring & Goal-driven Project Steering

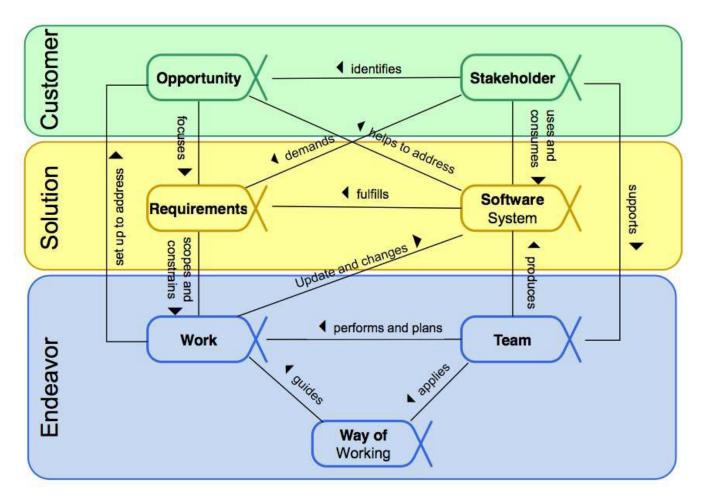
Structure of the Framework

## **Essence Kernel**



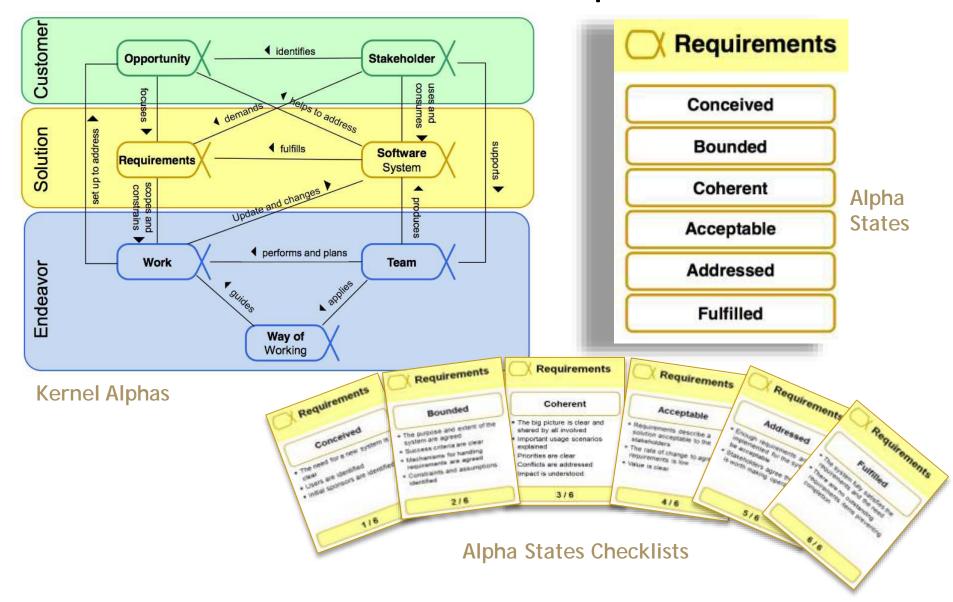
## **Essence Kernel Alphas**

#### The Things to Work With

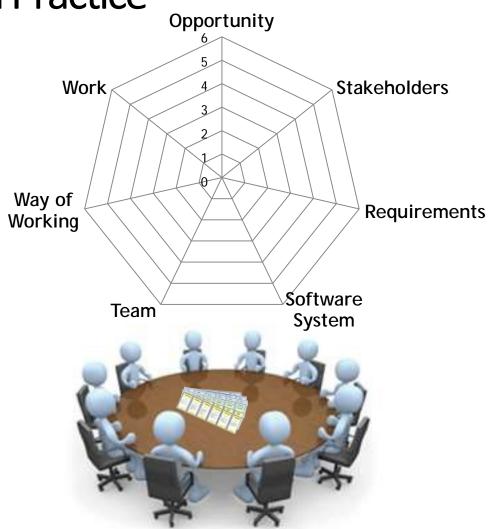


Alpha: Abstract-Level Progress Health Attribute

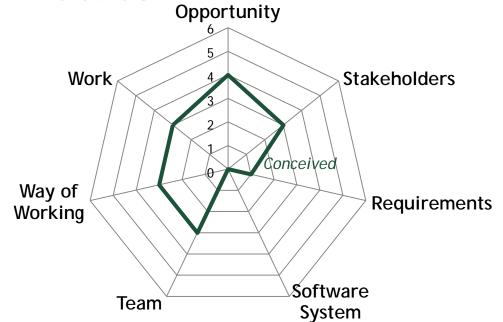
## **Essence Kernel Alphas**



- Goals are set using Alphas
- Progress is monitored using Alphas States defined by the cards

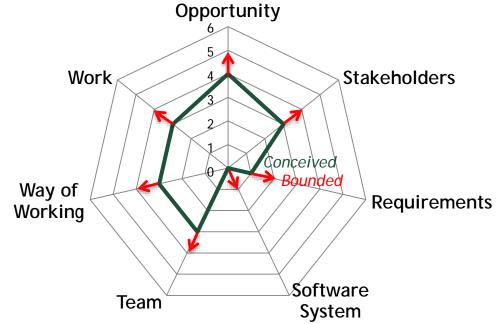


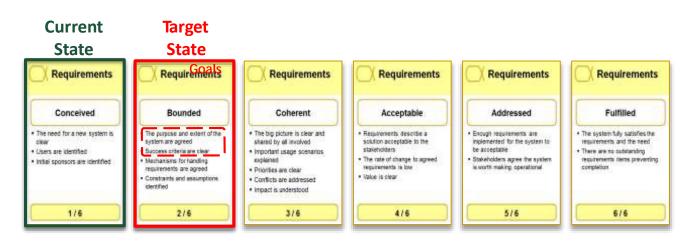
- Progress is quantified for each Alpha
- Easy to visualise and assess the current state
- Easy to identify problems



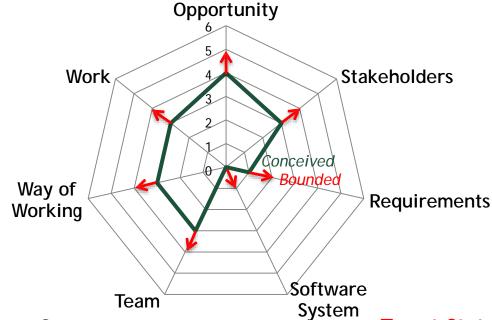


Set the goal: which Alpha to work on and which state to achieve





Identify actions required to achieve target state



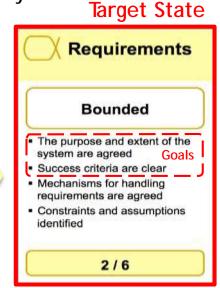
**Current State** 

Conceived

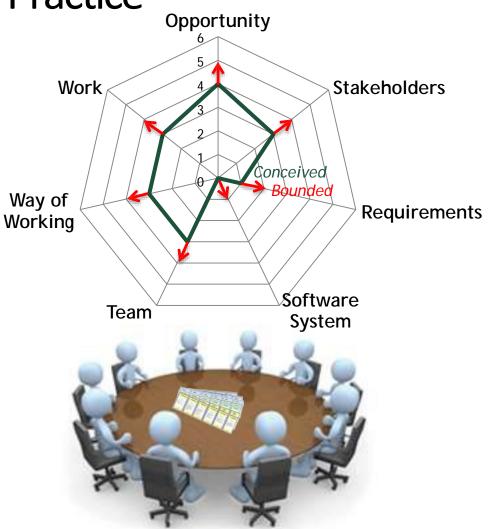
The need for a new system is clear
Users are identified
Initial sponsors are identified

#### Work Items:

- □ Define Project Scope□ Clarify
  - ☐ Clarify Success Criteria



As time progresses, the team achieves balanced progress in all Alphas



#### **Essence Kernel Benefits**

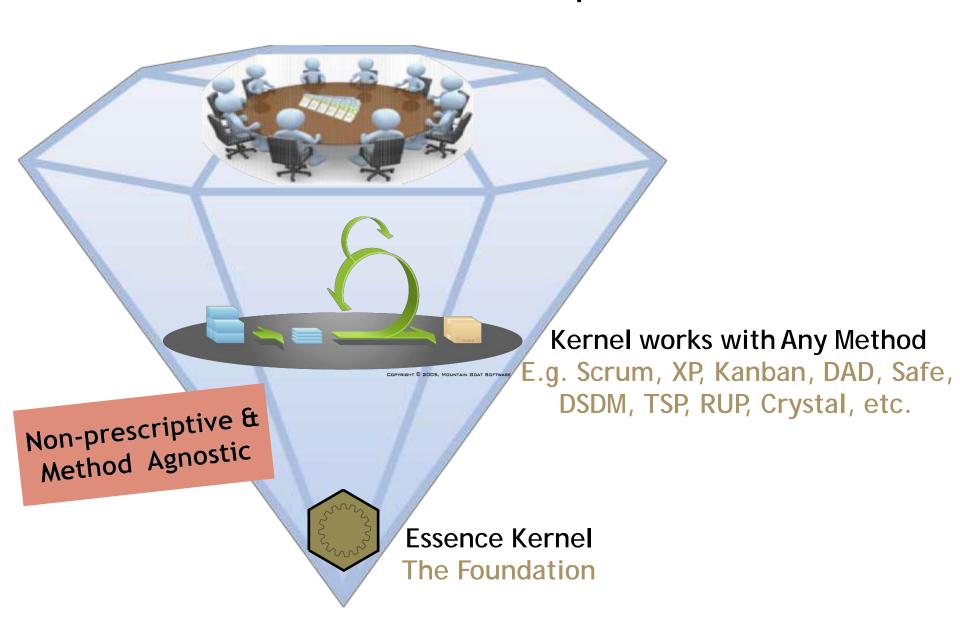
The Essence kernel provides a structure and mechanism for:

- Progress monitoring
- Team reflection
- Risk management
- Project steering

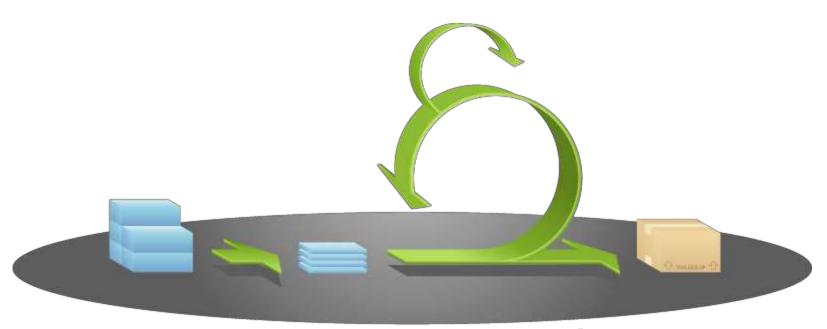
In a holistic, simple, lightweight, non-prescriptive and method-agnostic fashion

# How does the Essence kernel complement other ways of working?

## **Essence Kernel and Development Methods**



# **Defining Scrum Practice**



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## **About Scrum**

- Scrum consists of Scrum
  Teams and their associated
  roles, events, artifacts, and
  rules.
- Scrum's roles, artifacts, events, and rules are immutable and although implementing only parts of Scrum is possible, the result is not Scrum.

#### Source

- K. Schwaber and J.
   Sutherland, "The Scrum
   Guide", Scrum.org, October
   2011.
- http://www.scrum.org/storag
   e/scrumguides/Scrum Guide.
   pdf

## **Scrum Concepts**

- Scrum team (roles)
  - Product Owner
  - Development Team (of developers)
  - Scrum Master
- Scrum artifacts
  - Product Backlog
  - Sprint Backlog
  - Increment

- Scrum events
  - The Sprint
  - Sprint Planning Meeting
  - Daily Scrum
  - Sprint Review
  - Sprint Retrospective

#### Step 0: SEMAT Kernel & Essence Language Concepts

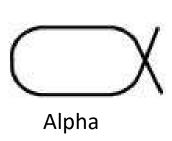


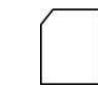


Kernel

**Practice** 

 Practices add details and provide specific guidance on particular aspects of the software development

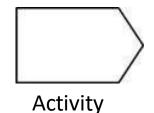




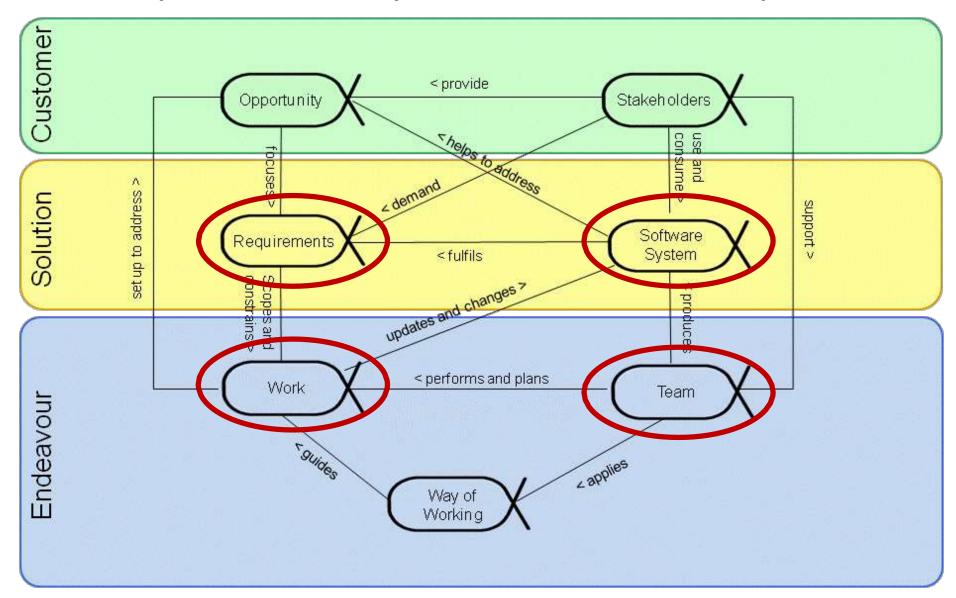
**Work Product** 

Key language concepts:
 Alpha, Activity Space, Work
 Product and Activity

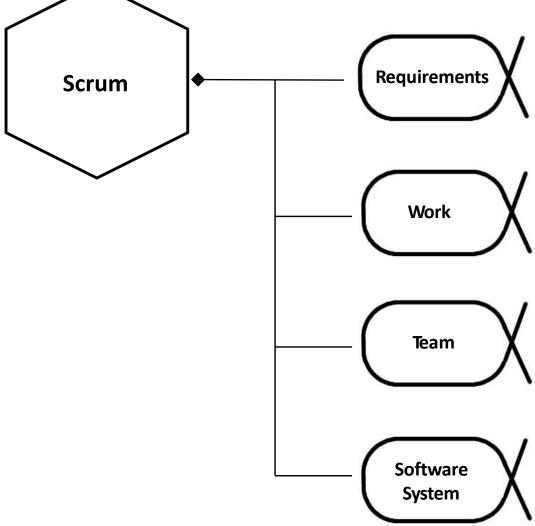




## Step 1a: Identify relevant Kernel Alphas

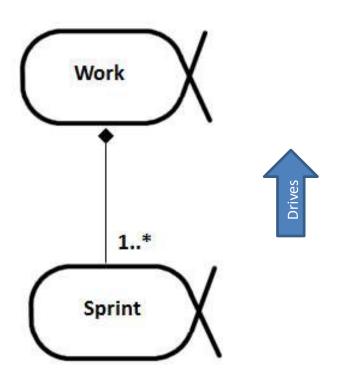


# Step 1b: Qutline the Scrum Practice



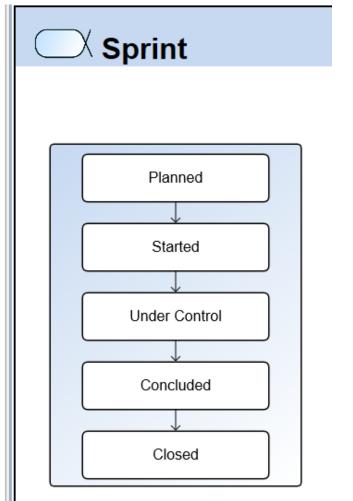
# Step 2a: Add sub-alphas

Extending the Work Alpha

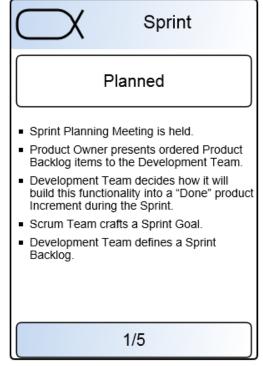


- The Work alpha is typically used for the duration of a development project that may cover a number of sprints.
- Thus we define a new subalpha called Sprint.
- Sub-alphas drive their parent alphas

### Step 2b: Define alpha states and checkpoints

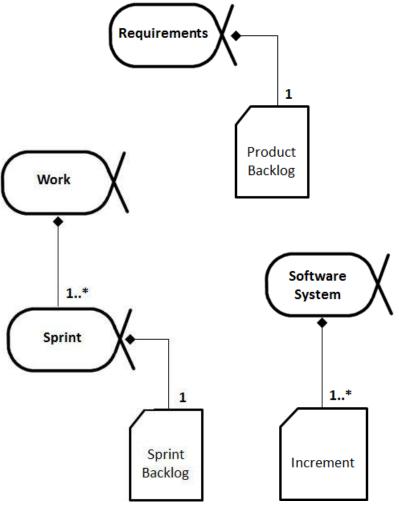


 Specific Scrum rules are defined as part of the alpha state checkpoints.



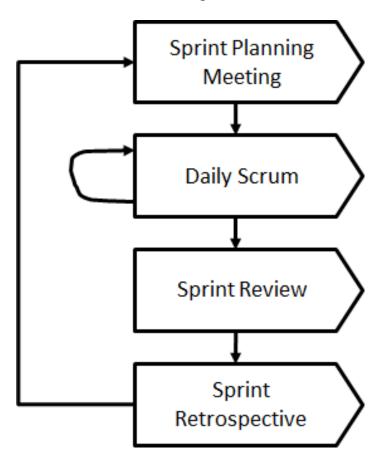


## Step 3: Add Work Products



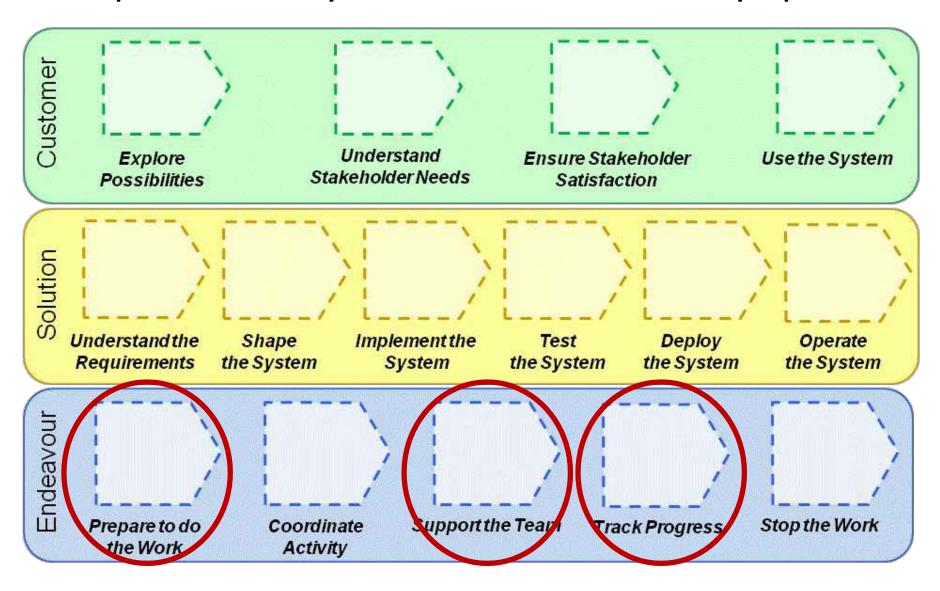
- "The Product Backlog is an ordered list of everything that might be needed in the product and is the single source of requirements for any changes to be made to the product."
- "The Sprint Backlog is the set of Product Backlog items selected for the Sprint plus a plan for delivering the product Increment and realizing the Sprint Goal."
- "The Increment is the sum of all the Product Backlog items completed during a Sprint and all previous Sprints."

# Step 4a: Define Activities

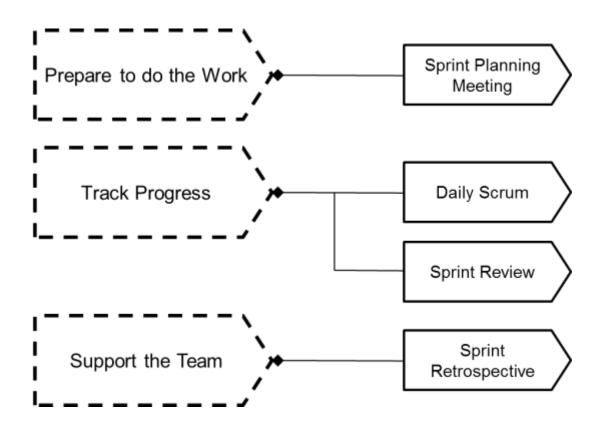


- "The work to be performed in the Sprint is planned at the Sprint Planning Meeting."
- "The Daily Scrum is a 15-minute timeboxed event for the Development Team to synchronize activities and create a plan for the next 24 hours."
- "A Sprint Review is held at the end of the Sprint to inspect the Increment and adapt the Product Backlog if needed."
- "The Sprint Retrospective occurs after the Sprint Review and prior to the next Sprint Planning Meeting."

## Step 4b: Identify relevant Kernel Activity Spaces



#### Step 4c: Relate activities to Kernel Activity Spaces



# Brief note on Assignment #1. "DECIDE"

- Goal: write a function called DECIDE()
  - A part of a hypothetical anti-ballistic missile system
- Generates Boolean signal to launch or not an interceptor based on input radar tracking info
- Info is available at the instant the function is called
- 15 Launch Interceptor Conditions (LIC)
- Function determines which LICs are true for the input (up to 100 of planar data points representing radar echoes)
- Decision to launch made only if all relevant combinations of LICs met

## Main concepts: LIC

- 15 LICs are defined in the requirements document.
- Each LIC represents a certain characteristic of radar tracking data

#### Examples:

#### LIC 0:

There exists at least one set of two *consecutive* data points that are a distance greater than the length, **LENGTH1**, apart where  $(0 \le \text{LENGTH1})$ 

#### LIC 1:

There exists at least one set of three *consecutive* data points that cannot all be contained within or on a circle of radius **RADIUS1**, where (0 ≤ **RADIUS1**)

...LIC 14 ...

Check the glossary of the terms

# Main concepts: data points

- NUMPOINTS number of planar data points
- POINTS array containing the coordinates (X,Y) of data points
- Dynamic input parameters (available when DECIDE() is activated)
- LICs are evaluated over the data points (radar data)

# Main concepts: CMV

- The Conditions Met Vector (CMV)
- Intermediate result
- Set according to the results of LIC calculations
- The global array element CMV[i] should be set to true if and only if the i<sub>th</sub> LIC is met.

## Main concepts: LCM

- Logical Connector Matrix (LCM) defines which individual LICs must be considered jointly (static input parameter)
- 15x15 symmetric matrix with elements ANDD, ORR, NOTUSED

LIC	0	1	2	3	4	 14
0	ANDD	ANDD	ORR	ANDD	NOTUSED	 NOTUSED
1	ANDD	ANDD	ORR	ORR	NOTUSED	 NOTUSED
2	ORR	ORR	ANDD	ANDD	NOTUSED	 NOTUSED
3	ANDD	ORR	ANDD	ANDD	NOTUSED	 NOTUSED
4	NOTUSED	NOTUSED	NOTUSED	NOTUSED	NOTUSED	 NOTUSED
14	NOTUSED	NOTUSED	NOTUSED	NOTUSED	NOTUSED	 NOTUSED

# Main concepts: FUV

- The Final Unlocking Vector (FUV)
- Intermediate result
- Generated from the Preliminary Unlocking Matrix.
- PUV indicates whether the corresponding LIC should be considered as a factor in signaling interceptor launch.
- FUV[i] should be set to true if PUV[i] (ith column of PUM) is false (indicating that the associated LIC should not hold back launch)
- or if all elements in PUM row i are true.

## Main concepts: LAUNCH

- LAUNCH Final launch / no launch decision encoded as "YES", "NO" on the standard output.
- The final result
  - is based on the FUV.
- "YES" if all elements in the FUV are true,

i.e., if and only if FUV[i] is true for all i,  $0 \le i \le 14$ .

# Working on the assignment

- Goal is to focus on software engineering part of the assignment: implement the DECIDE program according to the modern development techniques.
- Grading focuses the process rather than on the program itself
- You must use a development platform (Github, Bitbucket or KTH Github).
- Only the content published on the development platform is used for grading.
  - 1) the code 2) the issues 3) the pull requests 4) the continuous integration data (eg Travis) if available.

## Final notes

- LICs are good units to split the work
- Ensure even distribution of work (simple and complex LICs)
- Organise your groups as soon as possible
- Grading criteria for the assignment in Canvas
- Observe the code of conduct
- Good luck!